

Bridge Adult Day Program Volunteer Staff Requirements & Duties

Requirements

- Be able to volunteer at least one day a week (Monday-Friday) either 9:00 AM – 12:30 PM or 1:00 PM - 4:30 PM.
- Fill out the volunteer application on the CCS Volunteer website
- Allow us a Background check
- Be willing to receive free training on the care of dementia patients and can include CPR training
- Learn how to work with older people and demonstrate patience, creativity, and versatility in working with people of varying abilities and disabilities.
- Have sensitivity to diversity of culture and lifestyles
- Have the ability to work independently, as well as cooperatively with other staff.
- Must be well organized, dependable, and prompt.

Duties

Provide direct services to seniors who have Alzheimer's disease or related dementias and/or experience physical disabilities

1. Assist with Activities of Daily Living and personal care with all adult day program clients as needed; this may include eating, toileting, dressing, etc. (dependent on knowledge, training, skills and abilities).
2. Interact with clients who may at times be confused, angry, frustrated and have severe memory problems. **Treat all clients with respect and dignity.**
3. Learn to maintain physical safety of clients.
4. Learn basic knowledge of a client's health, background, and personal preferences.

Assist Activities Coordinator in implementing program plan

1. Gather supplies needed to conduct therapeutic recreational activities.
2. Assist with all recreational activities as directed by staff.
3. Help maintain and organize recreational equipment
4. Learn how to adapt activities to suit individual needs